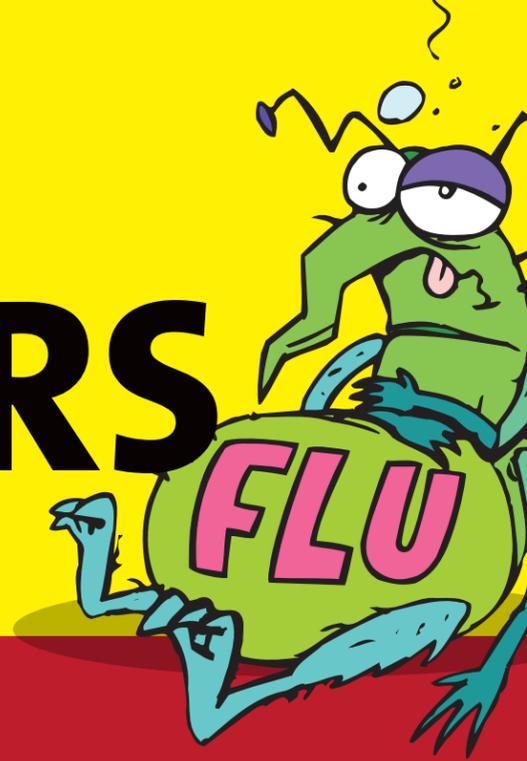


INFLUENZA MYTH BUSTERS



MYTH

IT'S TOO MUCH OF A HASSLE TO GET IMMUNIZED.

FACT

It's EASY to get immunized.

You can get your flu shot at a WHS clinic or from your Site Champion, Public Health clinics, pharmacists or doctor's offices.

If you are immunized outside of AHS, it is critical that you report your immunization by signing the consent on your Public Health Immunization Record or by submitting a Notification of Third Party Immunization Form. Your immunization status will determine if you will be allowed to work on your unit during an outbreak.

MYTH

I NEVER GET SICK, SO I DON'T NEED THE FLU SHOT

FACT

Healthy people CAN still become very sick from influenza. You can spread the flu to your patients and your loved ones 1-2 days before you know you are sick.

MYTH

I HEAR THAT THE VACCINE CAN ACTUALLY GIVE YOU THE FLU

FACT

The vaccine protects us against the strains of the influenza virus that are most likely to be circulating this flu season.