

# THE PULSE

United Nurses of Alberta

□ **October 2024** □

## Triage Desk

Hello

Summer weather has lingered longer this year - and we are not complaining - but it's slowly saying its goodbyes. With [Thanksgiving](#) approaching, it's a sure sign of Fall and a reminder that [Christmas](#) is just around the corner.

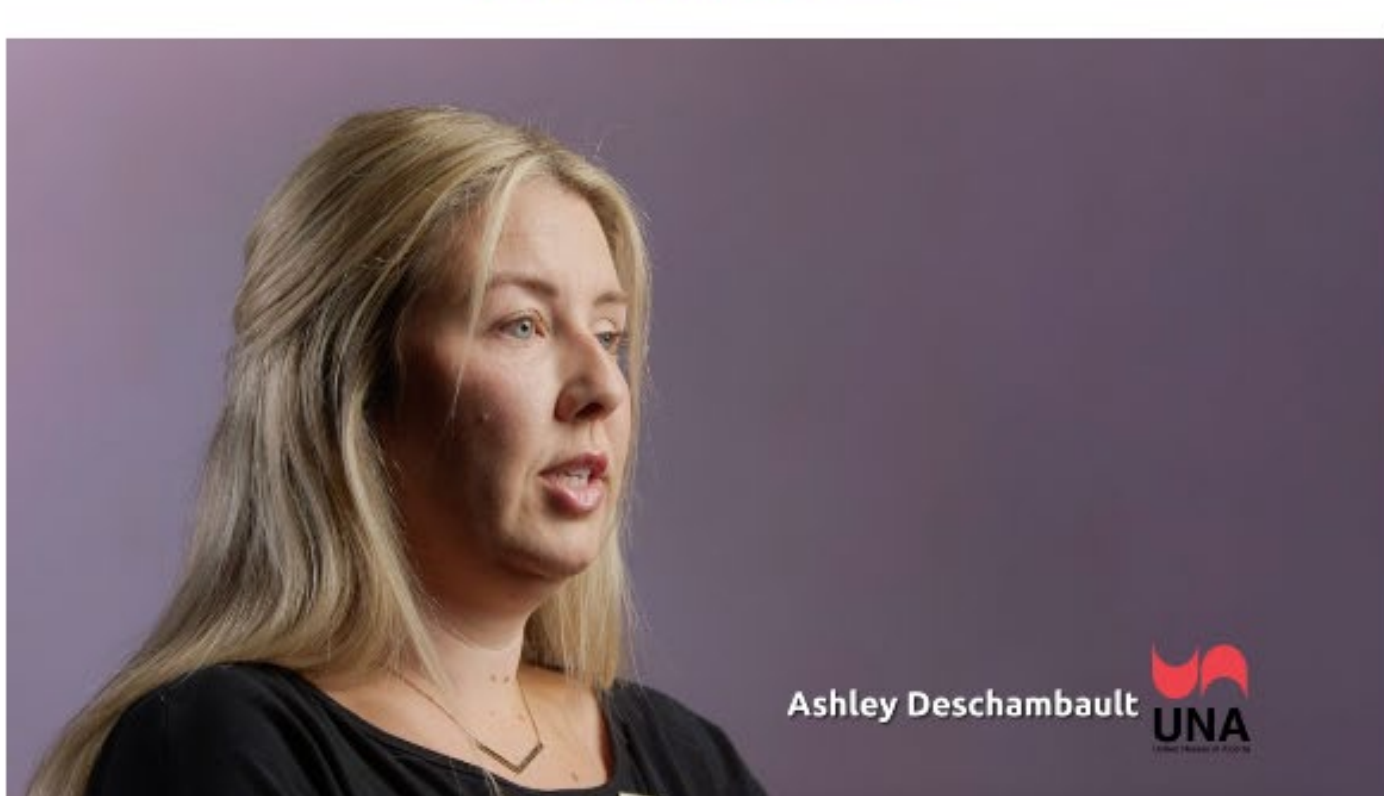
But as we embrace the seasonal changes, we're also preparing to observe some very important dates. [Tomorrow](#), we'll mark World Mental Health Day, followed by World Hospice and Palliative Care Day on [October 12th](#).

In light of that, Nursing Notes will zero in on Palliative Home Care and Mental Health through the lens of Nurse Ashley Deschambault.

We've got that and much more in store for you this month!

Thanks for being here!

## Nursing Notes



### [Caring Beyond the Bedside: Nurse Ashley on Mental Health and Palliative Home Care](#)

In honour of World Mental Health Day on [October 10th](#) and World Hospice and Palliative Care Day on the 12th, Nurse Ashley Deschambault shares her passion for palliative home care and her advocacy for mental health.

She opens up about the unique challenges nurses face and why mental health is crucial in their line of work.

Hear more of Ashley's insights by watching the full interview on YouTube.

You don't want to miss it! Go ahead and click the link below.

[Watch now!](#)

## Quote of the Month

*"Palliative care allows us to make decisions now for 'then'. Hospice helps us live through the 'then.'"*

Susan E. Mazer, Ph.D

## Brain Food

### [New Report Reveals Billions in Public Health Funds Spent on For-Profit Nursing Agencies](#)

A new report from the Canadian Federation of Nurses Unions - CFNU - shows that billions of public dollars are being funnelled into for-profit nursing agencies, while residents face longer wait times, staff shortages, and inconsistent care.

CFNU President Linda Silas warns that this focus on temporary solutions, like costly agencies, is making the health care crisis worse instead of fixing it.

The report highlights the need for long-term solutions that prioritize proper staffing and better working conditions for nurses, ensuring residents get the consistent, quality care they deserve.

[Read the full report here.](#)

## What's Next?



### What Do You Know!

[Thanksgiving](#) is just around the corner! Despite the challenges and the ongoing struggles within our healthcare system, there is so much to be grateful for.

Let's take a moment to appreciate our families, friends, and the vibrant communities we cherish. And let's not forget the dedicated nurses who provide us with care when we need it most.

Click the link below for a heartfelt [Thanksgiving](#) message from our president, Heather Smith.

Wishing you a warm and joyful [Thanksgiving](#) from all the nurses across this province!

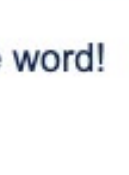
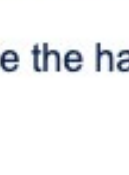
[Special Thanksgiving Message](#)

## Let's Connect

### Join The Conversation!

Connect with us on our social media platforms. Be a part of our mission to address the pressing staffing shortage and support Alberta's nurses.

Use the hashtag [#NeedNursesAB](#) to help us spread the word!



MEMBERS CAN DOWNLOAD THE **UNA APP** HERE.



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