

November 2025

Triage Desk

It's November!

It's a month that always feels like a deep breath before the rush of the holidays. As the year winds down, it's a time to reflect on what we've achieved together and to look ahead with renewed purpose.

That spirit was alive at our Annual General Meeting, where nurses from across the province gathered to celebrate the wins and strengthen the shared commitment to advocacy and solidarity.

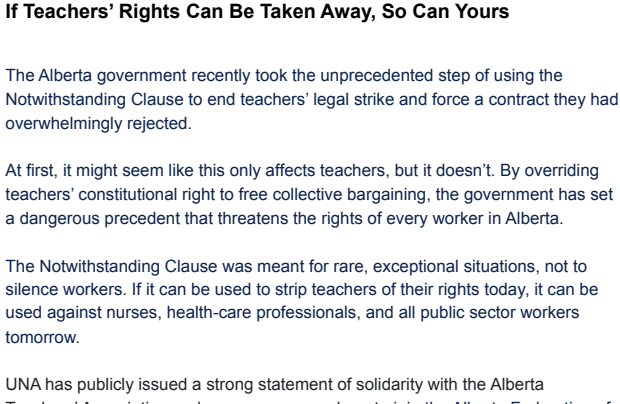
That same unity extends beyond nursing. We're proud to stand with teachers and our AUPE co-workers as they advocate for respect, fairness, and safe workplaces for all.

As November also brings Remembrance Day, we pause to honour those who served and sacrificed for the freedoms we hold dear.

That and much more on this edition. We hope you enjoy it.

With gratitude,

Nursing Notes



If Teachers' Rights Can Be Taken Away, So Can Yours

The Alberta government recently took the unprecedented step of using the Notwithstanding Clause to end teachers' legal strike and force a contract they had overwhelmingly rejected.

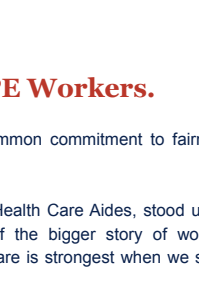
At first, it might seem like this only affects teachers, but it doesn't. By overriding teachers' constitutional right to free collective bargaining, the government has set a dangerous precedent that threatens the rights of every worker in Alberta.

The Notwithstanding Clause was meant for rare, exceptional situations, not to silence workers. If it can be used to strip teachers of their rights today, it can be used against nurses, health-care professionals, and all public sector workers tomorrow.

UNA has publicly issued a strong statement of solidarity with the Alberta Teachers' Association and encourages members to join the Alberta Federation of Labour's ["Ready to Resist" List](#) to show support and take action.

[Read UNA's full statement of support here.](#)

UNA STANDS IN SOLIDARITY WITH OUR AUPE CO-WORKERS



UNA Stands with AUPE Workers.

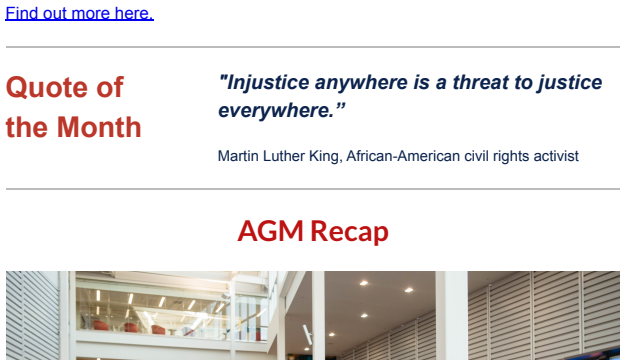
Across Alberta, health care workers share a common commitment to fairness, respect, and solidarity.

So, when AUPE members, including LPNs and Health Care Aides, stood up for those values, UNA stood with them as part of the bigger story of workers supporting workers, and a reminder that health care is strongest when we stand as one.

Find out how UNA members are showing their support and preparing to take action together.

[Read more here.](#)

Brain Food



Say No To Violence Against Nurses.

Caring for others should never mean putting your own safety at risk. But across Canada, nurses and health care workers are increasingly facing threats, abuse, and violence on the job.

We all have a role to play in creating safe, respectful workplaces for those who care for us when we need it most.

Stand with nurses. Visit the Canadian Federation of Nurses Union [website](#) to send a letter to call for an end to the rise in violence in health care.

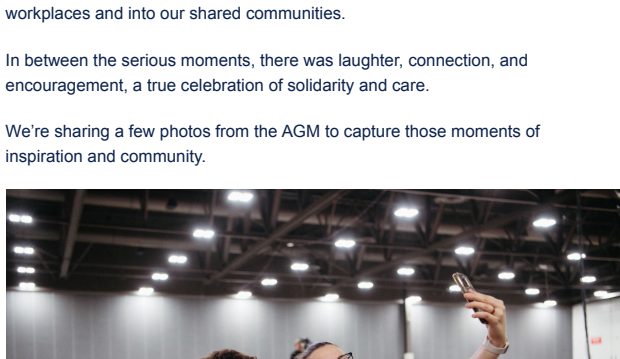
[Find out more here.](#)

Quote of the Month

"Injustice anywhere is a threat to justice everywhere."

Martin Luther King, African-American civil rights activist

AGM Recap



United Nurses of Alberta, UNA's 2025 Annual General Meeting has wrapped up and what a time it was!

More than a thousand participants came together under the theme "Alberta Nurses Make It Better," filling the room with energy, unity, and purpose.

UNA President Heather Smith reminded delegates that this theme reflects more than just words- it's a shared mission. "We make it better not just for ourselves," she said, "but for our patients, our communities, and the entire system."

Smith spoke passionately about the growing challenges nurses face as government policies push privatization and queue-jumping which weaken public health care. But she also offered hope, pointing to UNA's newest campaign, ["Alberta Needs Care,"](#) which calls for more staff, more beds, and more nurses.

"Our duty as nurses," Smith said, "is to make it better, for patients, for our profession, and for Alberta."

Delegates also heard from Secretary-Treasurer Christina Doktor and Labour Relations Director David Harrigan, before taking part in regional elections and an engaging Q&A with the Executive Board.

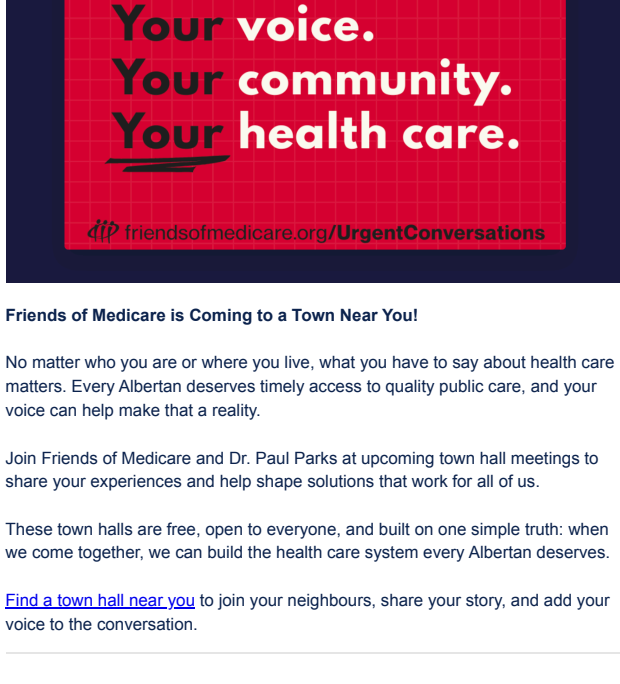
The week continued with discussions on public and Indigenous health care and a renewed commitment to reconciliation, a reminder that care extends beyond our workplaces and into our shared communities.

In between the serious moments, there was laughter, connection, and encouragement, a true celebration of solidarity and care.

We're sharing a few photos from the AGM to capture those moments of inspiration and community.



What's Next?



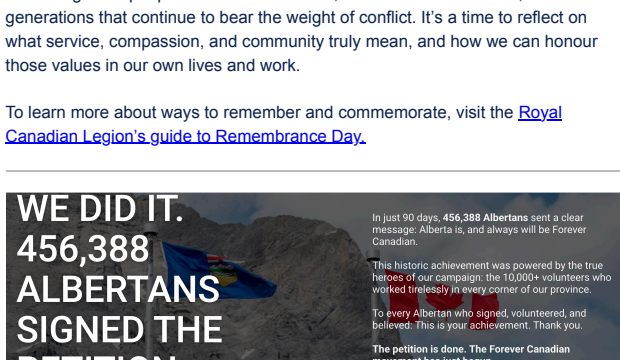
Friends of Medicare is Coming to a Town Near You!

No matter who you are or where you live, what you have to say about health care matters. Every Albertan deserves timely access to quality public care, and your voice can help make that a reality.

Join Friends of Medicare and Dr. Paul Parks at upcoming town hall meetings to share your experiences and help shape solutions that work for all of us.

These town halls are free, open to everyone, and built on one simple truth: when we come together, we can build the health care system every Albertan deserves.

[Find a town hall near you](#) to join your neighbours, share your story, and add your voice to the conversation.



We Will Remember Them

Each November, we pause to remember, not out of habit, but out of gratitude. We remember the courage of those who served, the lives forever changed by war, and the sacrifices made so we could live in peace.

Remembrance Day is more than a moment of silence. It's a promise that we will never forget the people behind the uniforms, the families who waited, and the generations that continue to bear the weight of conflict. It's a time to reflect on what service, compassion, and community truly mean, and how we can honour those values in our own lives and work.

To learn more about ways to remember and commemorate, visit the [Royal Canadian Legion's guide to Remembrance Day.](#)



Let's Connect

LET'S GET SOCIAL!

We'd love to keep in touch. Follow us on our social media platforms and help us spread the word about how, together, we can support Alberta's nurses.

MEMBERS CAN DOWNLOAD THE **UNA APP** HERE.

iPhone

Android