

July 2025

Triage Desk

Hello there,

This month marks a powerful moment in our collective story.

UNA joined nurses from across the country in a historic milestone toward truth and reconciliation - reminding us what real progress looks like when compassion meets conviction.

And we as celebrate Canada Day, it's a great time to reflect not only on the beauty and freedom of this country, but also on the ongoing work of building a future rooted in equity and respect.

In this edition of The Pulse, we're also sharing updates from our "It Could Be Better Here" campaign and other stories that matter to our members and the communities we serve.

We're so glad you're here.

Nursing Notes



UNA Joins Nurses Across Canada in Apology to Indigenous Peoples

True Health Care Must Be Rooted in Respect, Reciprocity and Recognition.

At this year's Canadian Federation of Nurses Union - CFNU - convention, United Nurses of Alberta, UNA delegates joined their colleagues from across Canada to take a historic step forward.

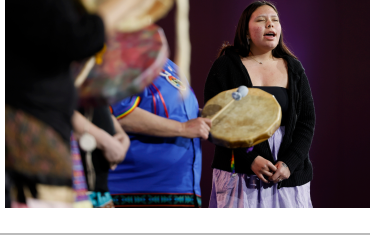
Nurses, from coast to coast, unanimously adopted a resolution acknowledging nursing's role in past harms and committing to truth, reconciliation, and dismantling racism against Indigenous Peoples in health care.

This resolution is a call to action, committing nurses to advocate for equitable health policies, increase Indigenous representation in nursing, support cultural safety education, and integrate Indigenous healing practices in care.

In her address, UNA President, Heather Smith said, "We apologize to Indigenous Peoples for not listening to you, for devaluing the wisdom that has sustained your communities for generations and for dismissing the knowledge which has kept you well for countless generations."

She added that, "True health care must be co-created, rooted in respect, reciprocity and the recognition that Indigenous knowledge is not only valid, but vital."

The apology marked a meaningful beginning for reconciliation, equity, and justice in health care.



Brain Food



Happy Canada Day from All of Us!

Here are some quick facts to consider:

- Canada was formed in 1867 when four of Great Britain's North American colonies united to create the Dominion of Canada.
- Dominion Day became an official holiday in 1879, celebrated every year on July 1st.
- Canada gained full independence from Great Britain in 1982. That same year, the holiday's name was officially changed from Dominion Day to Canada Day.

As we celebrate, we should also acknowledge the harms done to Indigenous Peoples throughout Canadian history. Let us commit together to learn, to reflect, and to collectively do better.

From our hearts to yours - Happy Canada Day!

Quote of the Month

"Our country is not a finished work - it is an ongoing effort, and we each have a role to play."

Romeo Dallaire, Canadian humanitarian and retired general

What's Next?



[It Could Be Better Here Campaign Update](#)

The "It Could Be Better Here" campaign is UNA's response to the UCP government's continuing effort to dismantle parts of Alberta's public health care system and turn it over to private for-profit corporations. But for-profit health care isn't a solution, it's a problem that will only make things worse.

Albertans and most Canadians rely on the public health care system to provide the care they need without barriers – including financial barriers.

The goal of our campaign is to remind Albertans that we can have a health care system that uses public dollars to build a stronger, better, fairer system for all, and not just to line private pockets.

To learn more, visit [Friends of Medicare](#) or the [Canadian Health Coalition](#), both calling for the protection and expansion of publicly delivered health care.

We invite you to join the movement to protect and improve health care in Alberta.

Let's Connect

LET'S GET SOCIAL!

We'd love to keep in touch. Follow us on our social media platforms and help us spread the word about how, together, we can support Alberta's nurses.



MEMBERS CAN DOWNLOAD THE **UNA APP** HERE.



iPhone



Android