

# THE PULSE

United Nurses of Alberta

## July 2024

### Triage Desk

When our last edition was published, Summer was just around the corner. Now, it's officially here, and we're excited to embrace the warmth and sunshine!

In our first Summer issue, we're thrilled to feature inspiring stories from nurses who share why they chose this noble profession and what keeps them dedicated. Their inspiring journeys will touch your heart and give you a deeper appreciation for their incredible work.

We're also excited to share our new series of radio ads, addressing crucial issues affecting nurses. From safe staffing to fair pay, these ads highlight the needs and challenges in the nursing profession.

We're happy you're here!

### Nursing Notes



#### [Nursing: Not Just A Job; It's A Way Of Life!](#)

This month, we're shining the spotlight on the incredible dedication and compassion of our nurses with a heartfelt video.

See nurses share their personal journeys, explain why they chose the nursing profession and what inspires them to continue providing exceptional care every day.

Through their stories, you'll gain insight into the passion, challenges, and commitment that drive these amazing individuals to serve our community. It's a powerful reminder of the vital role nurses play in our healthcare system.

Head over to our [YouTube](#) channel to watch the full video and celebrate the dedication of our extraordinary nurses.

### Quote of the Month

“Unless we are making progress in our nursing every year, every month, every week, take my word for it we are going back.”

Florence Nightingale

### Brain Food

Did you know that nurses rank among the top three most respected professions in Canada?

Nurses consistently rank highly for their integrity and ethical standards, surpassing doctors, police officers, scientists, judges, and even clergy. This acknowledgement underscores the significant trust and esteem placed in Canadian nurses by society.

### What's Next?

#### Have You Heard?



We're excited to share our new series of radio ads, each highlighting an important issue affecting nurses!

- **Safe Staffing Saves Lives** – Discover why proper staffing is crucial for patient safety and nurse well-being.
- **Respect is Non-Negotiable** – Hear about the essential respect and recognition that nurses deserve.
- **Nurses Need More Than a Band-Aid** – Learn about the comprehensive support nurses require beyond quick fixes.
- **Nurses Deserve Fair Pay** – Understand why fair compensation is vital for the nursing profession.

Tune in to your favourite radio station, Spotify or click the listen now link below to hear our ads! [Listen Now](#)

### Take Action!



#### Join AUPE 's 'Time for Action' Rallies all Summer !

AUPE is organizing their 'Time for Action' rallies across the province all summer to build on the momentum of their Spring town halls.

The goal is to continue the fight for better wages, job security, and working conditions. These rallies are crucial to keeping the pressure on the employer. Your participation is vital.

Click the link below to see a list of all rally locations and dates.

Together, we can make a difference!

[Link to Rally Locations and Dates](#)

### Let's Connect



MEMBERS CAN DOWNLOAD THE **UNA APP** HERE.



iPhone



Android