

THE PULSE

United Nurses of Alberta

February 2024

Triage Desk

Get ready for the start of our next round of bargaining on Valentine's Day! But it's not all hearts and roses – nurses are sounding the alarm on the pressing need for action to tackle critical healthcare issues.

As negotiations heat up, discover why UNA's negotiations committee is urging you to wear red on this V-Day.

Explore these urgent matters and more in this edition of The Pulse.

Nursing Notes

Nurses Reveal Heartbreaking Impact of Staffing Shortage

In the wake of the ongoing staffing shortage crisis, nurses like Liz, Cara, and Tanner are courageously sharing their experiences, shedding light on its impact on patient care and their own well-being.

Liz's tearful admission of sacrificing basic needs, Cara's dedication to patient well-being at the cost of breaks, and Tanner's reflections on the toll of staff shortages highlight the urgency for change in healthcare.

Watch our nurses' candid accounts in our latest episode of the [Behind The Frontlines](#) series on YouTube.



[Watch Video](#)

Quote of the Month

"Roses are red. Violets are blue. Respect Retain Recruit is the right thing to do."

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Brain Food

Negotiation Update: Progress and Priorities

On [February 6](#), UNA exchanged proposals with key employers including AHS, Covenant, Lamont, and Bethany Camrose. While the employers' initial package lacked monetary components, they committed to presenting monetary proposals this week.

Their priorities include stabilizing workplaces, expediting recruitment, addressing staffing gaps, managing internal movement, and increasing full-time employment. Additionally, concerns regarding relief shifts and payroll processes were discussed.

The next bargaining dates are set for [February 14](#) and [15](#).

What's Next?

Some people like chocolate,
but nothing is sweeter than



Wear Red on Valentine Day

The Provincial Negotiations Committee of the United Nurses of Alberta is calling on UNA members to wear red or a red ribbon on [February 14](#) in support of their representatives as they return to negotiations.

If you're not a UNA member, you can participate by wearing red in solidarity with our nurses.

Share a photo with us on social media using the hashtag, [#NeedNursesAB](#)

Let's Connect

Share Your Story

We value your voice! Join the conversation by using the hashtag [#NeedNursesAB](#) on any social media platform to share a story about a nurse who made a significant impact on your life.

As you prepare to share, connect with us on Instagram, Facebook, and X to stay social and engaged. Your stories matter, and we're excited to hear them!



MEMBERS CAN DOWNLOAD THE [UNA APP](#) HERE.



iPhone



Android