

THE PULSE

United Nurses of Alberta

August 2024

Triage Desk

Welcome to this month's edition of The Pulse!

Happy Heritage Day! As we celebrate our diverse cultures and histories, let's also take a moment to make a difference by supporting those affected by the recent wildfires. Together, we can honour our heritage and extend a helping hand to those in need.

Scan through this edition and you'll also find compelling stories highlighting the critical issue of nurse-patient ratios in our healthcare system.

Enjoy!

Nursing Notes



The Dangers of Ignoring Nurse-Patient Ratios

Nurses are on the frontlines, feeling the impact of inadequate nurse-patient ratios firsthand. This issue doesn't only affect them. It affects you and your loved ones who depend on their care within the health care system.

In this month's video, get an inside look as nurses openly discuss the challenges they face, especially when dealing with staffing shortages and insufficient nurse-patient ratios.

Visit our [YouTube](#) channel to watch the full video.

Quote of the Month

“Fixing the nursing crisis is not just about getting more nurses into the system. Nurses can only care for the nation if we care for them, which means attractive pay and conditions, flexible approaches to training, development and working life.”

Anita Charlesworth, Director of Research, The Health Foundation

Brain Food

Did you know the term "nurse" originates from the Latin word "nutrire," meaning to nourish?

This beautifully captures the essence of the nursing profession, highlighting the nurturing and caring roles that nurses continually play in healthcare.

What's Next?

UNA donates \$10,000 to Canadian Red Cross for ALBERTA WILDFIRE RELIEF



The United Nurses of Alberta has donated \$10,000 to the Canadian Red Cross to aid those affected by the wildfires in Alberta. The funds will support immediate relief efforts and enhance community preparedness for future natural disasters.

The [Canadian Red Cross](#) is still accepting donations.

For 30 days, every dollar you donate to the 2024 Alberta Wildfires Appeal will be matched by both the federal and provincial governments, turning your generosity into \$3 of support for families and individuals affected by the wildfires.

This is a powerful opportunity to make a real difference—every contribution counts and will help those in desperate need.

Happy Heritage Day!



The first Monday of August was declared Heritage Day in 1974.

The goal of the day is to recognize and celebrate the different cultural heritage of Albertans.

Although it is not a statutory holiday, many Albertans use the day as an optional holiday to celebrate the province's heritage.

Let's Connect

Get Social With Us!

Follow us on our social media platforms and help us spread the word about how, together, we can support nurses in their call to fix the current staffing shortage. #neednursesAB



MEMBERS CAN DOWNLOAD THE **UNA APP** HERE.



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