

## August 2024

## Triage Desk

Welcome to this month's edition of The Pulse!

take a moment to make a difference by supporting those affected by the recent wildfires. Together, we can honour our heritage and extend a helping hand to those in need.

Happy Heritage Day! As we celebrate our diverse cultures and histories, let's also

critical issue of nurse-patient ratios in our healthcare system.

Scan through this edition and you'll also find compelling stories highlighting the

Enjoy!

**Nursing Notes** 



### Nurses are on the frontlines, feeling the impact of inadequate nurse-patient ratios

The Dangers of Ignoring Nurse-Patient Ratios

firsthand. This issue doesn't only affect them. It affects you and your loved ones who depend on their care within the health care system. In this month's video, get an inside look as nurses openly discuss the challenges

they face, especially when dealing with staffing shortages and insufficient nursepatient ratios. Visit our YouTube channel to watch the full video.

"Fixing the nursing crisis is not just Quote of

# the Month

nourish?

system. Nurses can only care for the nation if we care for them, which means attractive pay and conditions, flexible approaches to training, development and working life." Anita Charlesworth, Director of Research, The Health Foundation

about getting more nurses into the

**Brain Food** 

## This beautifully captures the essence of the nursing profession, highlighting the

nurturing and caring roles that nurses continually play in healthcare.

Did you know the term "nurse" originates from the Latin word "nutrire," meaning to

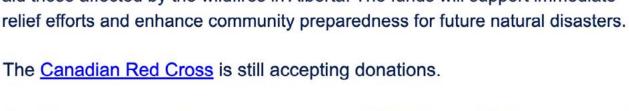
What's Next?

UNA donates \$10,000 to

Canadian Red Cross for

ALBERTA WILDFIRE RELIEF

# The United Nurses of Alberta has donated \$10,000 to the Canadian Red Cross to aid those affected by the wildfires in Alberta. The funds will support immediate



For 30 days, every dollar you donate to the 2024 Alberta Wildfires Appeal will be matched by both the federal and provincial governments, turning your generosity

into \$3 of support for families and individuals affected by the wildfires.

This is a powerful opportunity to make a real difference—every contribution

counts and will help those in desperate need.

**Happy Heritage Day!** 'Happy Heritage Dau!



## Get Social With Us!

Follow us on our social media platforms and help us spread the word about how, together, we can support nurses in their call to fix the current staffing shortage. #neednursesAB

**Let's Connect** 



Sent via ActionNetwork.org. To update your email address, change your name or address, or to stop receiving emails from



United Nurses of Alberta, please click here.



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