

PERSONALITY COLOUR TEST

Circle select word or phrase from each row (1-27) that best describes you:

1	self-confident	structured	sensitive	trusting
2	spontaneous	asks others	dreamer	analytical
3	involved	organized	straightforward	explorer
4	stubborn	dictatorial	rebellious	easily offended
5	demanding	nurturing	persistent	quiet
6	joiner	brainstormer	resists change	takes charge
7	cautious	overgenerous	harmonious	energetic
8	caring/helpful	outspoken	steadfast behavior	mild mannered
9	believable	forceful	disciplined	possessive
10	daring	idealist	dutiful	playful
11	logical	contented	friendly	bold/audacious
12	eager	imaginative	accurate/precise	well-liked
13	reserved	inventive	charismatic	optimistic
14	authoritative	team worker	independent	conservative/traditional
15	talkative	restless	attentive	modest/unassuming
16	leader	counselor	designer	controller
17	meticulous	workaholic	supportive	self-directed
18	industrious	detailed	imaginative	positive thinker
19	task-oriented	people-oriented	idea-oriented	result-oriented
20	emotional	flexible/adaptable	likes recognition	particular
21	irritable	rigid	easily slighted	easily threatened
22	indirect	frank/candid	careful	strict
23	goal-oriented	capable	volunteers	schedule-oriented
24	likes pressure	likes compliments	dry humour	avoids causing attention
25	people-watcher	strong-willed	enthusiastic	high standards
26	self-confident	socially cautious	thorough	trendy
27	neat & tidy	looks good	avoids conflict	usually right

adapted from skillsforcare.org.uk

PERSONALITY COLOUR TEST

KEY

1	RED	GREEN	BLUE	YELLOW
2	RED	YELLOW	BLUE	GREEN
3	YELLOW	GREEN	RED	RED
4	GREEN	RED	YELLOW	BLUE
5	RED	YELLOW	GREEN	BLUE
6	YELLOW	BLUE	GREEN	RED
7	GREEN	BLUE	YELLOW	RED
8	YELLOW	RED	GREEN	BLUE
9	YELLOW	RED	GREEN	BLUE
10	RED	BLUE	GREEN	YELLOW
11	GREEN	BLUE	YELLOW	RED
12	RED	BLUE	GREEN	YELLOW
13	GREEN	BLUE	RED	YELLOW
14	RED	YELLOW	BLUE	GREEN
15	YELLOW	RED	GREEN	BLUE
16	RED	YELLOW	BLUE	GREEN
17	GREEN	RED	YELLOW	BLUE
18	RED	GREEN	BLUE	YELLOW
19	GREEN	YELLOW	BLUE	RED
20	BLUE	YELLOW	RED	GREEN
21	RED	GREEN	BLUE	YELLOW
22	YELLOW	RED	BLUE	GREEN
23	RED	BLUE	YELLOW	GREEN
24	RED	YELLOW	BLUE	GREEN
25	BLUE	RED	YELLOW	GREEN
26	RED	BLUE	GREEN	YELLOW
27	GREEN	YELLOW	BLUE	RED

PERSONALITY COLOUR

DESCRIPTIONS

RED

Task and result-oriented, likes recognition, likes to be on the move, doesn't like to be late, enjoys individual sports (golf, tennis, track, piano, individual dance, etc.), generally honest, but their moral compass might deviate during a competitive showdown. Red personality types tend to make good leaders. They love leadership roles and enjoy "managing" people. They like to lead the pack.

If they had to assemble IKEA furniture: would pay somebody to do it for them.

YELLOW

People oriented, expressive, friendly, loves to talk, extravagant, optimistic, enjoys team sports. Yellow personality types are the glue that holds groups together. They are generally outgoing and fun loving. Yellows are usually the principal color in most groups. They like to run in packs.

If they had to assemble IKEA furniture: would invite their friends over to build and hang out.

GREEN

Detail-oriented, precise, controlled, likes to do things right the first time, likes to complete jobs, tends to be thrifty as an adult. Green personality types like order. They generally have neat homes and organized notebooks. They make wonderful treasurers, secretaries, or committee chairs. They will keep your group organized. They like to keep the pack on the trail.

If they had to assemble IKEA furniture: would pull out the directions, carefully count and arrange the parts, then systematically build the furniture.

BLUE

Creative, freethinking, sincere, loyal, caring, perceptive, understanding, open-minded, enjoys nature, likes the arts. Blue personality types are often perceived as quiet, sometimes shy individuals. Oftentimes they may like to be alone or have one or two other "blue" friends. They are idea people. They tend to be quiet in a group and should be called upon to share their ideas. Blues don't usually run with the pack.

If they had to assemble IKEA furniture: would design and build their own furniture instead.